

Meatballs

Italian -pork & hamburger blend
Pork
Turkey
3 for 7.99, add soup or salad 8.50

Sauces

Homemade marinara
Sweet & Sour
Parmesan Cheese Cream
Buffalo Chicken

Arancini

A meatball made from risotto rice, eggplant, onion, stuffed with mozzarella. Your choice of sauce. 3 for 7.99, add soup or salad 8.50

Etc.: Fresh Homemade Soup

made everyday 3.99
crab bisque 4.50
(Friday only)

Etc.: Quiche of the Day

with small salad or soup 6.50



Etc.: Homemade Mac & Cheese

made every day 4.99
with small salad or soup 6.99

Create your own Etc.: Combo

Your choice of meatball and sauce served with baguette 7.99
Add side salad or soup 8.50

Salads

Our salads are the best dressed!

Italian Meatball - greens, fresh mozzarella, red peppers, giardiniera, parmesan cheese, meatballs, chickpeas, olives with italian vinaigrette 9.99

Walnut - fresh mixed greens, sliced pear, caramelized walnuts, cranberries, crumbly blue cheese, with balsamic vinaigrette 8.99

Chopped - broccoli, cauliflower, onion, tomato, mushroom, feta, with balsamic vinaigrette 8.99

Cobb Salad - egg, onion, olives, tomato, bacon, chicken, with home made blue cheese 9.99

Asian Salad - chopped romaine, mandarin oranges, broccoli, carrots, chow mein noodles, almonds, chicken, with asian ginger 8.99

Grilled Veggie - roasted zucchini, eggplant, red pepper, orzo pasta, mixed greens, sun-dried tomato, olives, capers, shaved parmesan cheese, with lemon vinaigrette 9.99

Barley Lentil - mixed greens tossed with lentil, barley, avocado, cucumber, tomato, feta, with lemon vinaigrette 8.99

Artichoke - mixed greens, artichokes, roasted red peppers, fresh mozzarella, chicken 9.99

Wedge - iceberg, bacon, tomato, crumbly blue cheese, with balsamic vinaigrette 7.99

Greek Bowtie Pasta - mixed greens, kalamata olives, onion, cucumber, feta, with greek dressing 7.99

Steak Salad - mixed greens, roasted red peppers, caramelized walnuts, crumbly blue cheese, grilled steak, balsamic vinaigrette 9.99

Nicoise - fresh tuna fish on a bed of greens with egg, kalamata olives, capers, red pepper, with lemon vinaigrette 8.99

Roasted Beet Salad - mixed greens, beets, apples, caramelized walnuts, blue cheese, bacon, with balsamic vinaigrette 8.99

add - grilled chicken 2.50 - 1 meatball 3.00 or 2 for 5.99 - shrimp or steak 4.00 - hummus 2.00

Etc.: Wraps
Chicken Salad - spinach, grapes, caramelized walnuts 7.99
Club - roasted turkey, ham, bacon, lettuce, tomato, cheddar cheese and chipotle mayo 7.99

Create your own Salad or Wrap

5 veggie toppings 7.99

Basic Salad - spinach or romaine spring mix

Extras .50

Fresh veggies	mandarin oranges mushroom olives black beans onion	carrots pepperoncini egg chickpeas cucumber	tomato cranberries sunflower seeds	almonds artichoke hearts avocado caramelized walnuts	giardiniera roasted red peppers
Cheese	cheddar blue	feta mozzarella	provolone parmesan	swiss spicy monterey jack	
Proteins	bacon 1.00 grilled chicken 2.50	1 meatball 3.00 or 2 for 5.99	shrimp or steak 4.00	chicken/tuna salad 2.50	
Dressings	blue cheese ranch	italian vinaigrette lemon vinaigrette	asian ginger balsamic vinaigrette		

